

# Other Subjects

R.E

The Sikh Festival of Vaisakhi see next slide.

P.E

BBC SuperMovers  
<https://www.bbc.co.uk/teach/super-movers/just-for-fun-collection/z7tymfr>

Art

**CPRE Hertfordshire Art Competition**

Wellbeing

Try some of the activities in the grid.

These all all optional activities.

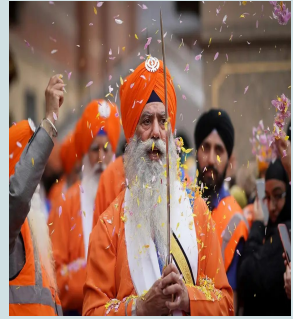
## The Sikh Festival of Vaisakhi

This work is all about how Sikh people remember a story from the life of the Tenth Guru, who is called *Guru Govind Singh*, and lived over 300 years ago in India. The story is remembered at the Sikh festival of Vaisakhi. There are nearly half a million Sikh people in the UK today, and millions more in India and other parts of the world. Start by watching the short film about Simran's Vaisakhi - she is 11. You can watch it here:

<https://www.bbc.co.uk/programmes/p02mx76l>

Festivals are a way of showing our identity. Our identities are who we think we are, and can include our friends and family, values, beliefs and behaviours that we think are important.

Now think about your own identity. Make a picture that shows six things about you - maybe things to do with family, festivals, your beliefs, favourite places, songs or films, pets - all the things that matter most to you. Label your drawings in detail.



## CPRE Hertfordshire Art Competition

This year the competition has been amended to include two themes: *My Favourite Walk in Hertfordshire*, where they are, where they go, what they mean to people. To promote the health and wellbeing benefits of walking and to promote access to the countryside.

And: *What I Can See through My Window*, encouraging children who are currently at home to look through their window and show us what they see, the sun, sky, birds, buildings, parks etc.

We are asking the schoolchildren to think about one of the themes and to produce a piece of artwork.

### TERMS AND CONDITIONS OF ENTRY

1. Entrants are asked to create a piece of A4 artwork in any medium, providing it is original artwork (*no computer generated images, please*)
2. Original artwork should NOT be posted to CPRE Herts. Please scan or take a photo of the original artwork and attach it to an email - send to class email. Maximum size 2MB please.
3. Each entry/email should be clearly marked with the entrant's name, age, school year and school and should be the work of one entrant only.
4. This year's theme is either *My Favourite Walk in Hertfordshire* or *What I Can See through My Window*

<p>Jo Wicks' Daily PE</p> <p>Cosmic Kids Yoga y</p> <p>Art for Kids Hub</p> <p>Live zoo cams</p> <p><a href="https://www.edinburghzoo.org.uk/webcams/">https://www.edinburghzoo.org.uk/webcams/</a></p>	<p><b>Make a gratitude jar.</b> Use a Make clean jam jar and make a label. Write all the things you are grateful for on slips of paper and pop them in the jar</p>	<p><b>Paper and Pencil Games</b> A really good way to have fun is to play games like Noughts and Crosses (Tic Tac Toe), Battleships, Sim, Squares (Dots and Boxes), Pictionary, Cows and Bulls (Mastermind), Jotto, Paper Telephone, Sprout. Instructions (and more ideas) can be found here <a href="http://www.papg.com/">http://www.papg.com/</a></p>	<p><b>Junk Modelling</b> Whilst helping to sort out the recycling at home, gather some useful items to use for junk modelling. What could you make? An animal? A vehicle? A stationery organiser? A castle? A village? A musical instrument? A game? A rocket? Can you add decorations and detail? Even better if these are recyclables too!</p>
<p>Draw with Rob</p> <p><a href="http://www.robiddulph.com/draw-with-rob">http://www.robiddulph.com/draw-with-rob</a></p> <p>Go Noodle</p> <p><a href="http://gonoodle.com/for-families/">gonoodle.com/for-families/</a></p> <p>Supermovers</p> <p><a href="http://bbc.co.uk/teach/supermovers/just-for-fun-collection/z7tymfr">bbc.co.uk/teach/supermovers/just-for-fun-collection/z7tymfr</a></p>	<p><b>Den</b> Build a den to hide away in. Gather bed clothes, pillows, cushions and other items from around your home. Find a snugly corner or, alternatively, as big space. You could even enjoy the weather and build outdoors. Try to make your den as sturdy as possible. Create an entrance and add other items to make it comfy. Now relax inside!</p>	<p><b>Time Capsule</b> One day, not too far in the future, this will all be over and life will return to normal. Make a time capsule by gathering together newspaper cuttings, special photographs and other things that will help you remember this strange time. Search COVID 19 TIME CAPSULE for more ideas of what to include.</p>	<p><b>Science Fun</b> There are loads of ways you can explore science and engineering at home. <a href="http://kiwico.com/di">kiwico.com/di</a> is just one site that has lots of step-by-step instructions and video clips to introduce you to lots of fun experiments including Melted Crayon Art, Mini Trampoline, Magic Mug Cake, Fizzing Colours and Lava Bottles.</p>