INSPIRING PROGRESS
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The Autism Training Club For Parents/Carers

A Watford based autism intervention for parents & carers

For a fee of £5.00 per week, sessions will cover areas ranging from `What is autism?` Dealing with anxiety, managing social situations, coping with autism related behaviours etc. The aim of each hour long session is to focus on a particular autism related subject, providing parents/carers with understanding as well as sharing ideas/strategies/general support.

The club takes place on a Tuesday at 10.00am at the Otley Family Centre, Otley Way, Watford, WD19 7TB

Call Natasha on 0771744966 or email inspiringprogress@outlook.com to register interest/further info